

5 YEARS OLD AND GROWING



The entrance at Health City Cayman Islands

In the Cayman Islands in December 2018 for the expansion of Health City Cayman Islands' Intensive Care Unit, the hospital's founder Dr. Devi Shetty predicted that "the best is yet to come" for the only one of his Narayana Health medical centers located in the western hemisphere.

At that time, the hospital was opening the doors of its expanded Intensive Care Unit, which as a Level 3 Intensive Care Unit now has greater capacity to handle more complex cases; patients with multiple medical issues; and provide more comprehensive management of emergency cases and complex trauma situations.

A world-renowned surgeon, entrepreneur and philanthropist, Dr. Shetty expanded on this pronouncement seven months later in June 2019 as a keynote speaker at the inaugural UK Government & Overseas Territories International Trade Summit, where he outlined his plan to make the Cayman Islands the "capital of medical

tourism for the western hemisphere" within the next seven years.

Between the two events, in April 2019, the Cayman Islands' sole tertiary care hospital celebrated five years of operation. Up to that time, the facility had treated over 72,000 out-patients, 7,900 in-patients and performed over 4,800 surgeries.

Several of those surgeries were firsts of their kind for the region, and certainly firsts for the Cayman Islands. These included the first-ever LVAD surgery performed in the Caribbean, the first TAVI in the English-speaking Caribbean, the first renal denervation in the Caribbean, the first stroke thrombolysis in Cayman, the first ECMO patient in the Caribbean, the first Caribbean Pentalogy of Cantrell surgery, the first awake craniotomy in the English-speaking Caribbean, the first cryo ablation in the Caribbean, the first brain aneurysm clipping surgery in Cayman, the first CCM device in the Caribbean, the first

brain aneurysm coiling in Cayman, and the first arthroscopic Latarjet surgery in the Caribbean.

Throughout the preceding year the hospital continued to reach milestone after milestone, received renewal of its accreditation by Joint Commission International (JCI) following an excellent review, expanded its facilities, and announced future plans that have the potential to change the lives of cancer patients throughout the Caribbean and Latin America.

Underpinning Dr. Shetty's long term plans for the hospital's growth was the announcement in August 2018 of the planned construction of a new multi-million dollar cancer center offering total cancer care – including radiation treatment. Groundbreaking for the cancer center is slated for late 2019.

The Cayman Islands' flagship medical tourism facility and only tertiary care specialty hospital, Health City currently sees

Dubbed the "Henry Ford of medicine," the 66-year-old entrepreneur and philanthropist is founder and chairman of Narayana Health, a chain of 21 medical centers in India. He is passionate about the importance of adapting technology for use in the medical field, and has pioneered the concept of "lean management" in the provision of healthcare to drastically reduce costs while also maintaining high quality standards.



Dr. Devi Shetty, founder of Health City Cayman Islands and chairman of the Narayana Health chain of medical centers, on a recent visit to Grand Cayman.

around 40 percent of its patients coming from overseas.

Dr. Shetty anticipated that increasing numbers of new patients will come to Health City largely from the wider Americas region.

"The big thing that is going to happen for Cayman . . . is the medical tourist coming from other Caribbean and Central American countries," he said. "What we have noticed is that the response from the Caribbean and Latin American countries has been extremely positive, not only in terms of patient flow, but in terms of acceptance of our doctors. We are also very excited with the Caribbean region, mainly because of the proximity and relevance and long-term sustainability."

Dubbed the "Henry Ford of medicine," the 66-year-old entrepreneur and philanthropist is founder and chairman of Narayana Health, a chain of 21 medical centers in India. He is passionate about the importance of adapting technology for use in the medical field, and has pioneered the concept of "lean management" in the provision of healthcare to drastically reduce costs while also maintaining high quality standards.

Indeed, although Health City's prices are on average 50 per cent lower than those of similar procedures in the United States, the quality metrics are on par with or better than most major American hospitals.

As a result, Health City has been called a "disruptor" to "business as usual" in global healthcare and has been profiled in international publications including the Wall Street Journal, Forbes, USA Today, The

Harvard Business Review, Readers Digest, and many others.

Despite the hospital's focus on attracting international patients, the support of the local community in the Cayman Islands is also vital to its success.

In terms of acceptance by Cayman Islands residents, Dr. Shetty said, "It is much more than what we thought. It has far surpassed our imagination and, more than anything else, the kindness and goodwill from the local population is really rewarding. In terms of making an impact on the local population it has gone very well."

One of the ways in which Dr. Shetty sees Health City giving back to the Cayman Islands community is in the area of education, and grooming the local doctors and healthcare professionals of the future.

Of his hopes for medical education in the region, he said, "We would like every child born in the Cayman Islands or Caribbean region to look at becoming world-class doctors, world-class nurses, medical technicians, scientists . . . the whole perspective of the younger generation will change. And that is important for the Caribbean region, important for the Cayman Islands, important for the rest of the world so that you are cared for by your own people."

The hospital's Healthcare Explorers program was founded in June 2014 to provide free STEM education pathways for young Caymanians to introduce them to careers in the medical field. The program has since provided over 4,000 STEM education opportunities to students at both public and private schools in the Cayman Islands from age eight through to university level. ♥

ABOUT HEALTH CITY CAYMAN ISLANDS

Health City Cayman Islands, the vision of renowned heart surgeon and humanitarian Dr. Devi Shetty, is supported by Narayana Health, one of India's largest private healthcare systems. Health City, only the second hospital in the Caribbean to receive the Joint Commission International's "hospital accreditation," provides compassionate, high-quality, affordable healthcare services in a world-class, comfortable, patient-centered environment. Offering healthcare to local, regional and international patients, Health City Cayman Islands delivers excellence in adult and pediatric cardiology, cardiac surgery, cardiac electrophysiology, medical oncology, orthopedics, sports medicine, pediatric endocrinology, gastrointestinal, hepato-pancreato-biliary and bariatric surgery, neurology, interventional neurology and neuro-diagnostics, neurosurgery, minimally invasive spine surgery, gynecology, urology, colorectal surgery, dental, sleep lab and pulmonology services.

HEALTH CITY
Cayman Islands **NH**

For further information,
visit www.healthcitycaymanislands.com